



FOX TALKZ TOASTMASTERS NEWSLETTER

MARCH 2016

Club #2133
Fox Talkz Toastmasters
10201 W. Pico Blvd.
Los Angeles, CA 90064

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UPCOMING EVENTS

“International and Table Topics Speech Contest”

**Friday,
March 18, 2016**

Contest will be held during
our normal meeting time at
8am. Join us as we choose a
speaker to advance to the
Area B3 contest!

Editor-In-Chief
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LETTER FROM OUR PRESIDENT *Adam Timm, CC, ALB*

Greetings Fox Talkz Rockstar!

It's been a couple months since we've sent out a newsletter, and I'm curious to know how you're doing. With your resolutions for the new year, with your Toastmasters goals, with the achievement of more success for you and your loved ones.

It's exciting to be with you every Friday, as we walk the path of personal growth together. The meetings so far this year have been awesome, haven't they?! Your stories never fail to inspire, Rick always gets us started right on time, Burt's wisdom continues to guide us, and Matt's jokes always seem to hit the mark (except when he roasted me...not funny at all). 😊

Congratulations to our new members who continue to step into roles and break the ice. We love getting to know you. If you're thinking about signing up for another role, don't hesitate! The agendas are up six weeks in advance on the website. Let any of the board members know if you have questions about accessing the site, signing up for a role, or what to do in your functionary role. We're happy to help.

It's spring contest season, and that means it's time for the international speech contest, along with Table Topics! This is an exciting opportunity for intrepid club members to stretch their comfort zone even more. Read on for all the details.

They say that 80% of success in life is just showing up, and I would argue that the other 20% is choosing the right things to show up for. As a Toastmaster, you've chosen to show up for you. To be more confident. To speak more powerfully. To stand up without fear. That feels right to me. Bring on the success!

I look forward to seeing you again soon.

- Adam



MEMBER SPOTLIGHT

And the Award Goes to...

For the past 37 years, our oldest in age, but youngest at heart member, Burt Epstein, has been presenting the 'Burt Epstein Award' to a member who demonstrates exceptional dedication and outstanding service to the club.

Without further ado...

Congratulations goes to our President, Adam Timm, recipient of the 37th Annual Burt Epstein Award!



WELCOME TO THE CLUB!

Welcome to all of our new members that have joined us over the past couple months.

Marce Raether

Lisa Olivis

Annelle Despaignes

Tami Goldsmith

Christine Apa

Mia Wigmore

Tracy Hart

Scott Edwards



HAPPY BIRTHDAY TO OUR MARCH BABIES!

MARCH 5th - BURT EPSTEIN

MARCH 11th - CRISTA JACKSON

MARCH 18th - JASON HOWARD

MARCH 25th - JUSTIN WARREN

MARCH 30th - SHIRA JACOBS

It's that time again... Speech Contest Season!

Speech contests are a Toastmasters tradition. Each year thousands of Toastmasters compete in the Humorous, Evaluation, Tall Tales, Table Topics and International speech contests. Competition begins with club contests and winners continue competing through the area, division and district levels. The International competition has two additional levels — semifinal and the World Championship of Public Speaking.

Currently, it's time for the INTERNATIONAL and TABLE TOPICS speech contests. For the International contest, contestants present a five to seven-minute speech on any subject they choose. For Table Topics, each contestant speaks on the same topic, in the heat of the moment!

The Club Level contest will be held on **FRIDAY, MARCH 18, 2016** during our normal meeting time at 8am. [The meeting will be formatted differently that day to accommodate the contest.]

Both of these contests are very exciting. Last year, Tony Jacobsen won the International contest at the club level and took 2nd place in our Area (B3). Crista Jackson won the Tall Tales contest at the club level and also took 2nd place in our Area!

ARE YOU READY TO COMPETE? We're looking for contestants, so please contact our contest chair, Susan Andrews (susan_andrews@mac.com) to sign up TODAY! We will also need judges and other roles to be filled, so please let Susan know if you are open to filling a functionary role as well.

NOTE: To be eligible for the INTERNATIONAL speech contest, you must have completed six speech projects in the Competent Communication manual prior to the club contest.

Here's a great video about the World Championship of Public Speaking! <https://www.youtube.com/watch?v=P045KcKYvDM>



QUICK TIP FOR SPEAKERS

MEET WITH YOUR EVALUATOR PRIOR TO GIVING YOUR TALK.

You've spent time preparing for your speech and you know that you're going to knock it out of the park. But the other important component to this process is the evaluation. And as speakers, and members of Toastmasters, we know that receiving a comprehensive evaluation on our speeches will help us gain insight and make us better speakers.

One way to make sure the evaluation gives you everything you need to learn is to meet with your Evaluator prior to your presentation. Currently, our agendas are filled a couple weeks in advance, so you can find out who will be your evaluator with plenty of time. If you can't meet with them before the day of your talk, reach out and see if they are available to meet a few minutes prior to the meeting.

(Cont'd On Next Page...)

(Quick Tip Cont'd)

DON'T FORGET TO BRING YOUR MANUAL! Each project has a section for your Evaluator to use for their evaluation. The manual is also where the V.P. of Education will 'sign-off' on your project to give you credit towards your Competent Communicator Award.

When you meet with your Evaluator, this gives you an opportunity to discuss your speech goals and any personal concerns you may have.

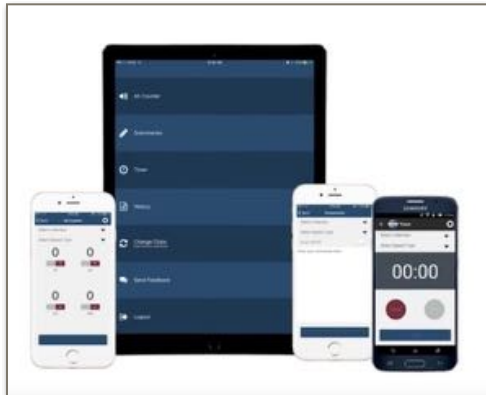
Use this time to emphasize where you feel your speech ability may need strengthening. By doing this, both you and your Evaluator will gain more from the Toastmasters experience.

- Tony Jacobsen, C.C., C.L.

Toastmasters International News

TOASTMASTERS APP CLUB MEETINGS JUST GOT EASIER

The Toastmasters International mobile app is the first official app designed to help you perform your role at club meetings with convenience and ease.



It gives you instant access to your club roster and features a built-in Ah-Counter that counts filler words, a grammarian function that keeps track of the Word of the Day and an easy-to-use timer.

The app is available for iOS and Android, so be sure to download it today!

Visit this link to download and watch a video about the app:
<http://www.toastmasters.org/Membership/Club-Meeting-Roles/Mobile-App>

GETTING SOCIAL... MEDIA!

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you know the drill.**

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