



Letter from our President, Jason Howard



Hello Fox Talkz “ROCKING” members, it has been an honor to serve you and uphold the high standard that you are accustomed to. Remember we have a couple of events coming up! We will have a Halloween costume party on Halloween with a prize! We also have a sister club event at the Hyatt Regency Century Plaza Hotel on 11-14-14 at Happy Hour, it will be a Thanksgiving to Toastmasters. Finally on 12-7-14 we are scheduled to have our Holiday party!!!! I also got a couple of fun ideas up my sleeve for the club so stay tuned. Here are some thoughts about the toastmasters journey to help you get the most of the experience

Enjoy,

Jason Howard

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Tips from our President...



- 1) **Never underestimate the power of your story!** A lot of beginner toastmasters start the journey paralyzed not knowing what to say, or where to begin or THAT THEY DON'T HAVE ANYTHING TO SAY. I say bull! You have too much to say and you can't decide on how to say it. Tell us of your triumphs, tell us of your failures, tell us of your funny moments, we won't be laughing at you, but with you.
- 2) **Every time you speak it's an opportunity.** When I first started in toastmasters, I was so terrified to speak and I still had so much to learn but within three months joining a toastmasters club, I got a new job because someone saw me speak. Maybe there is a charity that you want to serve and you want people to know about it. Maybe you have to do a speech for your son's bar mitzvah and you want to try it out for the club.
- 3) **Just go for it!** If you are a good speaker you can become great. If you are a great speaker you can become a world champion. If you are terrified to speak, you can get over your fear of public speaking with baby steps. Try different roles to get your feet wet. but just jump right in. You can learn a lot of the core principles of speaking in the first three speeches.
- 4) **Don't beat yourself up.** We are too damn hard on ourselves in general. You aren't going to be perfect up there, but you can't learn public speaking in a book. You have to learn it by doing it. I've failed a bunch of times along the way by using too many notes, trying to read word for word, not being prepared, speeches that were too long, but along the way I learned. YOU WILL GET BETTER I PROMISE. We have a vision of perfection in our heads and it doesn't always come out that way.
- 5) **Use the tools of the club.** Remember that we are extremely hard on ourselves, and we think that we have to do it alone..a quick conversation with a mentor can help so much. Most of the mentors know where you started and can help you. Use the different roles to get better. Watch your video online to quickly determine what your mind can't see.
- 6) **It's the best program in the world with the best club in toastmasters!** I am not joking. I started in Toastmasters in 2000 and it's been the best development program I've ever been involved with. I've learned how to inspire people, compete in competitions, stand up comedy, persuade people and turn a weakness into a strength. Most people aren't born with public speaking skills. And even the best speakers in the world WORK on it. You know why most people "suck" we don't practice. He outworked everyone. For anyone to experience growth you need a safe space.
- 7) **WE ALL NEED A SAFE SPACE TO DREAM!!!!!!** Our club is a safe place to collaborate, share, articulate, weep, cry, inspire and persuade us to do bigger and better things. I happen to find that the quality of toastmasters members and especially our members, are of a higher caliber of person. We have such a great group of people here, it's so inspiring to hear the stories and be able to dream. So take advantage of it!!!!!! You can still dream here!!!!!! And don't dream small.....GO BIG!!!!!!

Create a Purposefully Passionate Speech!

Project 3 – “Get to the Point”



Congratulations, you’re ready to prepare and deliver your third speech! By now, you’re getting somewhat used to being in front of an audience. You understand how a speech should be organized. You’ve also had a chance to directly experience how supportive our wonderful Fox Talkz club really is.

Now it’s time to learn how to **“Get to the Point.”**

This third project is all about having a purpose to your speech. In other words, after the audience has heard you speak, what do you want them to know, or to do, or to believe? Be sure to choose a topic that you know really well, one about which you have a strong opinion or strong feelings, and one that you could practically talk about in your sleep! If you are very clear on your purpose, and are passionate about your topic, your speech will simply flow. It will be easier to write, easier to rehearse, and easier to deliver.

Start with deciding on your general purpose. The general purpose is the overall intention of your speech, and usually falls into one of the following categories: To Inform, To Persuade, To Entertain, or To Inspire. For example, for my third speech, entitled “Happiness is a Skill,” my general purpose was To Inspire.

Next, decide on what, specifically, you’d like the audience to know, or do, or believe by the time you finish speaking. This is your specific purpose and you will build your entire speech around it, keeping it in mind at all times as you create your speech. It’s a good idea to write it down so that it stays at the forefront of your mind as you write your speech. Try to keep your specific purpose focused and concise. My specific purpose was, “When I’m done speaking, the audience will have 3 tools to help them create more contentment in their lives.”

Finally, go for it! When it’s time to deliver your speech, speak with confidence and conviction. Be sure to keep in mind that this is a topic you know like the back of your hand. Really get into sharing your thoughts, feelings, and opinions with us. We want to know what you have to say and we’re open to being informed, persuaded, entertained, or inspired! Your passion will rub off on us, and we will feel a connection with you. Just let go and have fun! We support you!

QUICK TIPS from our Sergeant at Arms

Tip #1

The first thing you say in your speech is critical. It sets the tone for the entire presentation. Either your audience will be attentive or expect to be bored. Don't start off with "I'm so glad to be here, etc." The three best ways to start your speech are:

- a. A story
- b. A question
- c. A curious statement

Tip #2

Your response to a mistake defines the audience's response. If you forget your place and panic, the audience will see you as someone to feel sorry for. But if you're cool and act like it's funny, the audience will do the same.

Tip #3

Being silent makes your points. We say "um" and "uh" because we're afraid of silence. It feels uncomfortable. But when a room is silent, people pay more attention.

If you constantly make sounds, the audience never gets a break. Silence gives them time to digest your points and take notes (mental or written). Even stand-up comics spend about 25% of their time in silence to let the audience laugh and enjoy the last thing they said.



RICK HENKIN



WHAT FOX TALKZ DID FOR ME

By Dana Lin

When I first joined Toastmasters over two years ago, I was starting a brand new life. I was a single mom, healing from my divorce, and also leaving a miserable soul-sucking job. I felt a bit lost, didn't know what direction I wanted to head in. The only thing I knew was that I wanted to be a writer, but really I didn't know what I was doing. When my good friend invited me to check it out, I had no clue what I was in for.

When I first joined, I didn't want to be a public speaker. I would never voluntarily speak in public if I could help it. So I only joined for two reasons, and neither was to be a public speaker:

My first reason: To hone my skills as a writer. I figured speech writing was a form of writing and any kind of writing should help me improve my craft.

My second reason: To gain confidence. I had been beaten down in a horrible job that I had just left and being single again after being married for 13 years, I really needed to just get out and make some new friends.

Little did I know that by just showing up, I gained several very valuable things:

Mentorship: I started getting mentored. I went from a bundle of uh's, um's, nerves, hiding behind the lectern to having lots of fun up there.

Friendship: I also made friends. Some of my dearest friends are Toastmasters today.

Business connections: I was able to network and meet people I now do business with.

And lastly, I ended up falling in LOVE!!!...with public speaking! ;-)

Today, with the friend who first invited me to join Toastmasters, we have formed a company where I get to speak and coach for a living, and manage other speakers as well. What a journey it has been!

So if you're open to it, just keep coming to meetings, sign up for speaking opportunities, and who knows what Toastmasters can do for YOU, too!

Competent Communicator Achievements

Member Name	1. The Ice Breaker	2. Organize Your Speech	3. Get To The Point	4. How To Say It	5. Your Body Speaks	6. Vocal Variety	7. Research Your Topic	8. Get Comfortable With Visual Aids	9. Persuade With Power	10. Inspire Your Audience
Hugo Morales	√	√	√	√	√	√				
Hazel Gordy	√	√								
Jayne Smith	√	√	√	√						
Dana Lin	√	√	√	√	√	√	√	√	√	√
Annabelle Stevens	√									
Konstantin Rimarchuk	√	√	√	√	√	√	√	√	√	√
Margaret Lorenz	√	√	√	√	√	√	√	√	√	√
Laurel Gord	√	√	√	√						
Rhea Williams	√	√	√	√	√					
Elizabeth Ralston	√	√								
Jinah Jung	√	√	√	√	√					
Michaelene Tetteh	√	√	√	√	√	√	√	√	√	√
David Osborn	√									
Nicole Kubat	√	√	√	√	√	√				
Elyse West	√	√	√	√	√					√
Ijomah Oputa	√	√								
Aurora Morovitz	√	√	√							
Courtney Abrams	√	√	√							
Kim Tran	√									
Kasey Yee	√									
Nic Sobolev	√									
Ben Maftoul	√	√	√	√	√	√	√	√	√	√
Roxanne McDonald	√									
Jack Thrams	√									
Nicole Nicholas	√	√								
Robert Oberhand	√	√	√							
Diane Tishkoff	√									
Tony Jacobsen	√	√								
Crista Jackson	√	√								
Karen Nishimura	√									
Dina Forouz Neman	√									
Margarita Hernandez Guzman	√									
Andrea Voss	√									
Shar McBee	√									
Adrienne Allen	√									

Advanced Communicator – Bronze Achievements

Members	The Entertaining Speaker	Speaking To Inform	Public Relations	Facilitating Discussion	Specialty Speeches	Speeches by Management	Professional Speaker	Persuasive Speaking	Story-telling	Humorously Speaking	Custom Speech Other
Maurice Jordan (Gold)					XXXXX						X
Mitch Griner (Silver)											XX
Victoria Karman (Bronze)		X									XXXXX
Leslie Shatum (Bronze)											
Adriana Trautman (Bronze)	X	X	X	X	X	X				X	
Dana Lin (Bronze)							X	X	XXXXXXXX	XXXXX	X
Adam Timm (Bronze)	X					X	XXX				
Shira Jacobs (Bronze)		XXXXX									
Rick Henkin (Bronze)		XXXX						X	XXXXX		XX
Francisco Flores (Bronze)									X		
Heather Hamilton (Bronze)		X	X						XX		
Ben Maftoul (Bronze)	XXXXX								XXX		
Dennis Petillo	XXXXX	XXXXXXXXX				X	X	X	XXXXXXXX	XXXXX	X
Spencer Grendahl (Bronze)									X		



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Learn more about O.I.

"Disable My Disability"
(<http://www.disablemydisability.com>)

I'm learning to have confidence when speaking as well as putting together a clear message for my audience. Toastmasters is the perfect place to hone my skills as a speaker and gives me the opportunity to practice as much as possible. - Tony Jacobsen

We are Social!



Like us, follow us and start interacting!

Facebook page: <http://www.facebook.com/FoxTalkzRockz>

Facebook group: <http://www.facebook.com/groups/424245567616776/>



Twitter: <https://twitter.com/FoxToastmasters>



LinkedIn: http://www.linkedin.com/profile/view?id=196143000&trk=tab_profboxtalkztoastmaster@gmail.com



Youtube: <http://www.youtube.com/user/FoxTalkzToastmasters>



Ready for our next contest???

Get ready for our Halloween contest!
For details, contact Club President Jason Howard.



Welcome New Members!

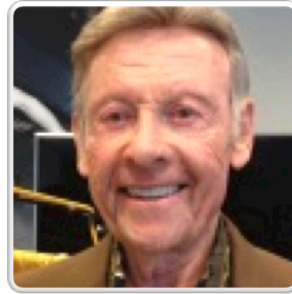
Let's all welcome our new members!!!

- Samuel A Gbadebo
- Roshell Davis
- Belle Grace
- Shar McBee
- Erin McMullen
- Marisa Nakhi
- Matthew Robinson
- Robert Jordan
- Kasimira (Kay) Verdi
- Mahankirn Khalsa

We are thrilled that you have decided to join us. You will find Fox Talkz to be a supportive club and we are here to help guide you on this journey. As a Fox Talkz Toastmaster, you are entitled to a mentor to assist you with your speeches.

Please contact Jinah Jung, jungjinah@gmail.com, to be assigned a mentor.

BURT'S CORNER



Burt Epstein

To produce an effective presentation, it is vital that the person introducing the speaker be the bridge between the speaker and the audience. If the person will be speaking for less than 3 minutes, then one point of information is sufficient. If speaking from 5 to 7 minutes, then 2 or 3 items of information would be in order. This builds up the speaker who is very likely to perform better and the audience to accept the speaker with an open mind and curious about what will be said.

Once the speaker has been introduced, it is important to capture the attention of the audience immediately with a strong opening sentence. There are 4 effective ways of doing this.

1. Use a shocking statement
2. Ask a question of the audience
3. Use a quote
4. Use the names of a prominent member of the audience.

After the audience's attention is captured the contents of the speech continues until the conclusion. Again, it is vital to use a strong ending...preferably by repeating the opening sentence. This serves to bring the information full circle by tying the opening and closing remarks together like a ribbon. A strong and memorable presentation is assured for the speaker as well as the audience.